

**Clarkson-Leigh Summer Wrestling
Technique Camp 2023**

**May 30, 31, June 1 2023
8:30 am -11:30 am
Clarkson-Leigh Wrestling Room**

Technique Camp Emphasizing: Basics of position, Attacking, and Defending, leg wrestling and tilts, throws and counters.

Schedule: 4-12th Grade 8:30 am -11:30 am Wrestling Technique/Live Wrestling/Games

Cost: NA for Patriot Wrestlers Only

Registration: Please register at the door

Additional Information: The intent of this camp is to instill and emphasize the importance of fundamentals in winning on the wrestling mat. There will be special emphasis placed on mat wrestling using the legs. There will be a number of pinning combinations and tilts will be demonstrated and practiced as a part of this camp experience.

Contacts: Ryan Molacek Mobile: (402) 380-8254
 Tony Horacek Mobile: (402) 367-7906

-----Complete and Return to Camps First Session-----

Name: _____ Grade: _____ Age: _____

Address: _____ City: _____ State: _____

Phone: _____ T-Shirt Size _____

I certify that the above information is correct, and that the above wrestler has my permission to wrestle in the Clarkson-Leigh Wrestling Camp. I hereby release Clarkson-Leigh Public Schools and the Clarkson-Leigh Wrestling Club and their agents, from any liability for accidents or injuries occurring at this camp. I hereby authorize medical treatment administered by licensed medical personnel, in case of injury or accident. Additionally, Clarkson-Leigh Public Schools/Wrestling Club is not responsible for loss or theft of items left unattended.

Wrestler's signature: _____

Parent/Guardian Signature: _____ Date: _____